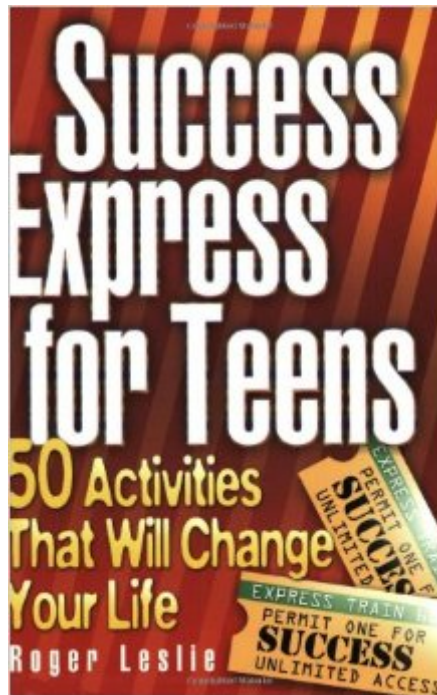


The book was found

Success Express For Teens: 50 Life-Changing Activities



Synopsis

Success Express for Teens is the way to get from where you are right now to where you want to be. It shows you that for anything you really want in your life, there is a reality to fill it. Step-by-step you find out exactly how to see your dreams clearly and then how to start making them happen. Great for classroom or individual use!

Book Information

Paperback: 224 pages

Publisher: Bayou Publishing (December 10, 2003)

Language: English

ISBN-10: 1886298092

ISBN-13: 978-1886298095

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars Â Â See all reviews Â (11 customer reviews)

Best Sellers Rank: #313,757 in Books (See Top 100 in Books) #80 in Â Books > Teens > Personal Health > Self-Esteem #526 in Â Books > Teens > Social Issues #536 in Â Books > Parenting & Relationships > Parenting > Teenagers

Customer Reviews

"Life has already laid the tracks for the trains that will take us wherever we want to go." ~Roger Leslie
Success Express for Teens presents meaningful and fun activities for individuals or groups. There are also introspective questions and self-assessment checklists. Through the activities, teens are encouraged to develop a step-by-step plan so they can define their life goals and pursue their dreams. "Make a Lifeboard" is a creative, encouraging project that is similar to scrapbooking, but is more like a mirror of your present life. By looking back at lifeboards through the years, you can remember specific moments that were meaningful to you. When you are in your 30s, this will be helpful to remember what happened when and why. You will also find ideas for: Reliving Favorite Childhood Memories Changing Routines Discovering Your Life Dream Time Management Aligning Actions with Values Finding a Mentor Expressing Gratitude Writing a Goal Statement This book can be used by teachers, counselors and group leaders. Teens can also follow the self-guided activities in order to take the express train to success. Throughout the book, there are areas where teens can write their life experiences. Imagine reading this later! This will be enlightening to read as an adult. You will really see where you have been and realize which trains you took to get you to your present

destination. I personally remember very little about my teenage years and this book would have really appealed to me as a teenager who was interested in creative writing and art. By reading through the various questions, I was able to remember some of my "forgotten memories." They are still there, they just need to be triggered.

[Download to continue reading...](#)

Success Express for Teens: 50 Life-Changing Activities Changing Bodies, Changing Lives: Expanded Third Edition: A Book for Teens on Sex and Relationships Photography Express: Know How to Get into Photography and Become a Professional Photographer: KnowIt Express Express Russian: Learn to Speak and Understand Russian with Pimsleur Language Programs (Pimsleur Express) Weight Loss Confidential Journal: Week-by-Week Success Strategies for Teens from Teens As a Man Thinketh (Life-Changing Classics Ser) (Life-Changing Pamphlet) Money: Saving Money: Success: Get More Money & Success In Your Life Now!: 3 in 1 Box Set: Money Making Strategies, Saving Money Strategies & World's Best ... Tips for Personal Finance & Life Success) Don't Let Your Emotions Run Your Life for Teens: Dialectical Behavior Therapy Skills for Helping You Manage Mood Swings, Control Angry Outbursts, and ... with Others (Instant Help Book for Teens) The Autism Activities Handbook: Activities to Help Kids Communicate, Make Friends, and Learn Life Skills (Autism Spectrum Disorder, Autism Books) IELTS Express Intermediate: The Fast Track to IELTS Success A Faith for the Future: Church's Teachings for a Changing World: Volume 3 (Church Teachings for Changing the World) Changing Poverty, Changing Policies (Institute for Research on Poverty Series on Poverty and Public Policy) Changing Poverty, Changing Policies Age of Opportunity: A Biblical Guide to Parenting Teens, Second Edition (Resources for Changing Lives) Called to Be: Devotions by Teens for Teens Smart but Scattered Teens: The "Executive Skills" Program for Helping Teens Reach Their Potential How to Talk So Teens Will Listen and Listen So Teens Will Talk The Executive Functioning Workbook for Teens: Help for Unprepared, Late, and Scattered Teens 3D Game Programming for Teens (For Teens (Course Technology)) The Power to Prevent Suicide: A Guide for Teens Helping Teens

[Dmca](#)